



APRIL 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			9.30am Fit Mamas	1 GOOD FRIDAY	2 EASTER SATURDAY	3 EASTER SUNDAY
5 EASTER MONDAY	6	7	8	9 9.30am-12.30pm Infant First Aid class	10 9.30-11am Pregnancy Yoga	11 9am-5pm Calmbirth class 1
12	13	14 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk1 1.30-2.30pm Zoom Mums connect 6-7.30pm Pregnancy Yoga	15 9.30am Fit Mamas	16	17 9.30-11am Pregnancy Yoga	18 9am-5pm Calmbirth class 2
19	20 9.45 for 10-12 Mums Connect Morning Tea	21 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk2 1.30-2.30pm Zoom Mums connect 6-7.30pm Pregnancy Yoga	22 9.30am Fit Mamas	23	24 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance class	25 ANZAC DAY 9am-2pm Calmbirth Refresher
26	27	28 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk3 1.30-2.30pm Zoom Mums connect 6-7.30pm Pregnancy Yoga	29 9.30am Fit Mamas	30		



MAY 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 9.30-11am Pregnancy Yoga 1-5.30pm Breastfeeding & New Baby prep class	2
3	4	5 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk4 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	6 9.30am Fit Mamas	7	8 9.30-11am Pregnancy Yoga	9 MOTHERS DAY 9am-1pm Active Birth class
10	11	12 9.30-10.45am Mums & Bubs Yoga 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	13 9.30am Fit Mamas	14	15 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance class	16
17 9.30am-12.30pm Infant First Aid class	18	19 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk1 1.30-2.30pm Zoom Mums connect 6-7.30pm Pregnancy Yoga	20 9.30am Fit Mamas	21	22 9.30-11am Pregnancy Yoga	23 9am-5pm Calmbirth class 1
24	25	26 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk2 1.30-2.30pm Zoom Mums connect 6-7.30pm Pregnancy Yoga	27 9.30am Fit Mamas	28	29 9.30-11am Pregnancy Yoga	30 9am-5pm Calmbirth class 2
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JUNE 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk3 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	3 9.30am Fit Mamas	4	5 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance class	6
7	8	9 9.30-10.45am Mums & Bubs Yoga 11.15-12.15 Infant Massage course wk4 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	10 9.30am Fit Mamas	11	12 9.30-11am Pregnancy Yoga 1-5.30pm Breastfeeding & New Baby prep class	13
14	15	16 9.30-10.45am Mums & Bubs Yoga 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	17 9.30am Fit Mamas	18	19 9.30-11am Pregnancy Yoga	20 9am-5pm Calmbirth class 1
21	22	23 9.30-10.45am Mums & Bubs Yoga 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga	24 9.30am Fit Mamas	25	26 9.30-11am Pregnancy Yoga	27 9am-5pm Calmbirth class 2
28	29	30 9.30-10.45am Mums & Bubs Yoga 1.30-2.30 Zoom Mums connect 6-7.30pm Pregnancy Yoga				