

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 5 & 7.30pm Full Moon Cacao Ceremonies	3 9.30-11am Pregnancy Yoga	4
5 Queen's Birthday (QLD)	6 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	7 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	8	9	10 9.30-11am Pregnancy Yoga	11 9am-5pm Calmbirth class 1
12	13 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	14 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	15	16	17 9.30-11am Pregnancy Yoga	18
19 10-12.30 Mums Connect Morning Tea	20 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	21 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	22	23	24 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance your Body	25 9am-5pm Calmbirth class 2
26 9.30-12.30 Infant First Aid	27 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	28 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	29	30 5 & 7.30pm Full Moon Cacao Ceremonies	31 9.30-11am Pregnancy Yoga 1-5.30pm Newborn Secrets	

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 9.30am-1.30pm Birthing Together
2	3 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	4 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	5	6	7 No Pregnancy Yoga 9-11.30 Infant Sleep 12-3 ToddlerTactics	8
9	10 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	11 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	12	13	14 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance your Body	15
16	17 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	18 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	19	20	21 9.30-11am Pregnancy Yoga 1-4pm Infant First Aid	22 9am-5pm Calmbirth class 1
23	24 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	25 9.30am Fit Mamas 9.30am Lullaby Ensemble 6-7.30pm Pregnancy Yoga	26	27 5 & 7.30pm Full Moon Cacao Ceremonies	28 9.30-11am Pregnancy Yoga	29 9am-5pm Calmbirth class 2
30						

Birth & Baby
VILLAGE





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	2 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	3	4	5 9.30-11am Pregnancy Yoga 1-5.30pm Newborn Secrets	6
	8 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	9 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	10	11	12 9.30-11am Pregnancy Yoga	13
	15 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	16 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	17	18	19 9.30-11am Pregnancy Yoga	20
	22	23	24	25 Christmas Day	26 Boxing Day	27
	29	30	31			

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				1	2	3
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	12 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	13 9.30am Fit Mamas 6-7.30pm Pregnancy Yoga	14	15	16 9.30-11am Pregnancy Yoga	17 9am-5pm Calmbirth class 2
	19 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	20	21	22	23 9.30-11am Pregnancy Yoga 11.30am-1.30pm Balance your Body	24
	26 10-11.30am Mums & Bubs Yoga 1-2pm Zoom New Mums connect 6-7.30pm Zoom Pregnancy Yoga	27	28	29	30 9.30-11am Pregnancy Yoga 12.30-5pm Newborn Secrets	31